

<b>ASCENT PSYCHOTHERAPY CENTER</b>	Name:	
	Date of Birth:	
	Gender:	<input type="checkbox"/> Male <input type="checkbox"/> Female
	Date of Evaluation:	

Child and Adolescent Intake- I Section A

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**IDENTIFYING INFORMATION:**

Name of the person providing information:	Relationship to patient:
Name of the legal guardian (if different from above):	Ethnicity/Race:

**REFERRAL SOURCE:**

\_\_\_Physician/Therapist: Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Are you permitting us to share information with the referring profession? \_\_\_Yes \_\_\_No  
 \_\_\_Insurance \_\_\_Family/Friend \_\_\_Existing Client \_\_\_Internet \_\_\_Phone Book \_\_\_other:

**REASONS FOR EVALUATION:**

\_\_\_Continuation of care for exiting psychiatric condition: \_\_\_Stable on current treatment \_\_\_Not stable on current treatment  
 \_\_\_Need consultation or second opinion for existing psychiatric condition  
 \_\_\_Existing psychiatric condition has worsened and need an evaluation  
 \_\_\_Child was recently discharged from a psychiatric hospital and is here for follow-up care  
 \_\_\_I am here for my child's first psychotherapy evaluation because: \_\_\_\_\_

Is your child currently exhibiting, or has exhibited in the past, any of the following:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Difficulties with attention & focus        | <input type="checkbox"/> Hyperactivity or fidgetiness                   | <input type="checkbox"/> Behavioral issues at school            |
| <input type="checkbox"/> Uncontrollable anger/rage                  | <input type="checkbox"/> Aggression toward others                       | <input type="checkbox"/> Rapid changes in mood                  |
| <input type="checkbox"/> Mood swings and irritability               | <input type="checkbox"/> Destruction of property                        | <input type="checkbox"/> Learning difficulties                  |
| <input type="checkbox"/> Poor academic functioning                  | <input type="checkbox"/> Difficulty getting along with peers            | <input type="checkbox"/> Depression/isolation                   |
| <input type="checkbox"/> Anxiousness/excessive worrying             | <input type="checkbox"/> Self-injurious behavior                        | <input type="checkbox"/> Suicidal thoughts/behavior             |
| <input type="checkbox"/> Difficulties with rules & authority        | <input type="checkbox"/> Frequent lying, stealing, or breaking law      | <input type="checkbox"/> Engaging in ritualistic behavior       |
| <input type="checkbox"/> Loss of interest in fun/routine activities | <input type="checkbox"/> Difficulty handling change                     | <input type="checkbox"/> Difficulties with communication skills |
| <input type="checkbox"/> Difficulties with social skills            | <input type="checkbox"/> Delay in language development                  | <input type="checkbox"/> Socially inappropriate behavior        |
| <input type="checkbox"/> Using/abusing alcohol or illicit drugs     | <input type="checkbox"/> Hearing voices/seeing things that aren't there | <input type="checkbox"/> Using/abusing tobacco products         |
| <input type="checkbox"/> Other: _____                               |   |   |

Please provide some details on the nature of the problem(s) noted above: \_\_\_\_\_

How long has your child been experiencing these problems? \_\_\_\_\_

Are there any major stressors currently or in the recent past that may be affecting the child's current problem(s)? (ex. parent's divorce, relocation, death, abuse, accident, trauma, financial, etc.) \_\_\_\_\_

**PAST & CURRENT PSYCHIATRIC HISTORY:**

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> ADD/ADHD         | <input type="checkbox"/> Oppositional/Defiant Disorder | <input type="checkbox"/> Conduct disorder | <input type="checkbox"/> Depression                    |
| <input type="checkbox"/> Anxiety disorder | <input type="checkbox"/> Bipolar disorder              | <input type="checkbox"/> Autism/PDD       | <input type="checkbox"/> Asperger's Disorder           |
| <input type="checkbox"/> Eating disorder  | <input type="checkbox"/> Tic/Tourette's                | <input type="checkbox"/> Schizophrenia    | <input type="checkbox"/> Obsessive-compulsive disorder |
| <input type="checkbox"/> Psychosis        | <input type="checkbox"/> Panic attacks                 |   |  |

Please provide a brief history, if known, including the age on onset and treatment for each of the conditions marked above:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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Please provide the name and contact information of the previous Physician/Therapist: \_\_\_\_\_

Past Psychiatric hospitalizations  None  Unknown  Yes (provide the information below with the most recent first)

Name	Date (approx.)	Reason for Admission	How many days

**FAMILY HISTORY:** None Unknown Yes (check all that apply)

- |  |  |   |  |  |
|--|--|---|--|--|
| <input type="checkbox"/> Depression      | <input type="checkbox"/> Suicide             | <input type="checkbox"/> Bipolar disorder | <input type="checkbox"/> Schizophrenia | <input type="checkbox"/> Anxiety/Panic do  |
| <input type="checkbox"/> ADD/ADHD        | <input type="checkbox"/> Alcohol abuse       | <input type="checkbox"/> Cocaine abuse    | <input type="checkbox"/> Tobacco use   | <input type="checkbox"/> Nervous Breakdown |
| <input type="checkbox"/> Family Violence | <input type="checkbox"/> Aggression/Anger    | <input type="checkbox"/> Eating disorder  | <input type="checkbox"/> Autism/PDD    | <input type="checkbox"/> Weight problems   |
| <input type="checkbox"/> Diabetes        | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Heart disease    | <input type="checkbox"/> Other: _____  |  |

For each of the conditions marked, tell us the relationship to the client (ex: mother, father, uncle, grandparents, etc.):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**HEALTH & DEVELOPMENTAL HISTORY:**

How would you describe the health of your child:  Excellent  Good  Fair  Poor

Any allergies to medications:  None  Yes (provide details): \_\_\_\_\_

Ay allergies to food:  None  Yes (provide details): \_\_\_\_\_

Date of last medical checkup: \_\_\_\_\_ Outcome:  No Issues  Issues, details: \_\_\_\_\_

Current pediatrician/PCP? Name: \_\_\_\_\_ Contact: \_\_\_\_\_

Has your child had or currently have any of the following:

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Asthma/Allergies                    | <input type="checkbox"/> Seizures/Epilepsy             | <input type="checkbox"/> Heart defects/heart disease                                      | <input type="checkbox"/> High cholesterol        |
| <input type="checkbox"/> Meningitis/Encephalitis             | <input type="checkbox"/> Anemia                        | <input type="checkbox"/> Hearing problems   | <input type="checkbox"/> Frequent ear infections |
| <input type="checkbox"/> Kidney problems                     | <input type="checkbox"/> Liver problems                | <input type="checkbox"/> Head injury (loss of consciousness, concussions, bleeding, etc.) | <input type="checkbox"/> Dental problem          |
| <input type="checkbox"/> Bedwetting                          | <input type="checkbox"/> Any genetic/metabolic disease | <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Strep infections        |
| <input type="checkbox"/> Digestive problems                  | <input type="checkbox"/> Seizures                      | <input type="checkbox"/> Encopresis   |  |
| <input type="checkbox"/> Feeding problems                    | <input type="checkbox"/> Speech problems               | <input type="checkbox"/> EEG (date: _____)  | <input type="checkbox"/> EKG (date: _____)       |
| <input type="checkbox"/> MRI/PET/CT Brain Scan (date: _____) |  |   |  |
| <input type="checkbox"/> Other: _____                        |  |   |  |

Surgeries/Hospitalizations: \_\_\_\_\_

Any other serious illness: \_\_\_\_\_

For each of the conditions marked, please give details on current status, severity, age of onset, etc?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Current Medications:  None  Yes, please list them below:

Name	Dose & Frequency	Date started	Reason	Prescribing MD/APRN

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Was your child adopted?  Yes  No If yes, at what age? \_\_\_\_\_

**Pregnancy and Birth History:**  No history available  Partial/full history available (please provide information below)

Duration of pregnancy? \_\_\_\_\_ weeks/months      Child's birth weight? \_\_\_\_\_ pounds \_\_\_\_\_ ounces

Mother's age at birth? \_\_\_\_\_      Did mother receive prenatal care? \_\_\_\_\_

Child's Apgar score? \_\_\_\_\_      Did mother take any medications during pregnancy? \_\_\_\_\_

Pregnancy course?  Normal  Physical injury  Hypertension  Diabetes  Smoking  Alcohol  Drugs  Other?

Delivery/labor?  Normal  Induced labor  C-Section  Breech  Prolonged labor (>12 hrs)  Forceps  Other?

Condition at birth  Normal  Lack of oxygen  Breathing problems  Birth injury/defects  Jaundice  ICU?

Other information? \_\_\_\_\_

**Developmental milestones:**  No history available  Partial/full history available (please provide the information below)

Within normal limits (to the best of my knowledge; details not available)

Sat up without help at \_\_\_\_\_ months;      Walked upstairs at \_\_\_\_\_ months;      Spoke sentences at \_\_\_\_\_ months;

Crawled at \_\_\_\_\_ months;      Spoke first words at \_\_\_\_\_ months;      Fully bladder trained at \_\_\_\_\_ months;

Walked alone at \_\_\_\_\_ months;      Spoke short phrases at \_\_\_\_\_ months;      Fully bowel trained at \_\_\_\_\_ months;

Any other information regarding early childhood/development? (physical issues, behavior issues, social issues, etc.) \_\_\_\_\_

**BEHAVIORAL HISTORY:**

- A. Infancy: During your child's first few years of life, was any of the following present to any significant degree?
- |   |   |
|---|---|
| <input type="checkbox"/> Did not enjoy cuddling                         | <input type="checkbox"/> Difficulty nursing                               |
| <input type="checkbox"/> Was not easily calmed by being held or stroked | <input type="checkbox"/> Poor eye contact; did not turn toward caregivers |
| <input type="checkbox"/> Difficult to comfort                           | <input type="checkbox"/> Did not respond to name or speech of caregivers  |
| <input type="checkbox"/> Colicky  | <input type="checkbox"/> Fascination with certain objects                 |
| <input type="checkbox"/> Excessive irritability                         | <input type="checkbox"/> Constantly getting into everything               |
| <input type="checkbox"/> Diminished sleep                               | <input type="checkbox"/> Frequent head banging                            |
- Comments: \_\_\_\_\_
- B. Toddler through five years of age:
- How active has your child been from an early age?**  
 hyperactive  very active  age appropriate  less active than peers  mostly inactive  other
- How well was your child able to maintain focus, concentrate, or pay attention to tasks?**  
 very well  fairly well  not very well  couldn't focus at all  other:
- How well was your child able to deal with transitions, change, or when denied his/her way?**  
 very well  fairly well  not very well  threw tantrums  complete meltdown  other
- Whether happy/unhappy, how strong were your child's feelings exhibited?**  
 very intense  somewhat intense  age appropriate  less than normal intensity  no emotions/feelings  other
- What was your child's basic mood?**  
 happy  whiny  sad/gloomy  irritable  angry  unpredictable (highs/lows)  other
- Did your child exhibit frequent or rapid changes in mood or temperament?**  
 not at all  sometimes  very often  all the time  other
- How predictable were your child's patterns of activity level, sleep, appetite, etc?**  
 very predictable  mostly predictable  mostly unpredictable  always predictable  other

Comments: \_\_\_\_\_

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**HOME AND LIVING SITUATION:**

Whom does the child live with:  both parents  bio mother  bio father  guardian  other: \_\_\_\_\_

Are biological parents of child currently:  married?  separated  divorced  never married  other: \_\_\_\_\_

If biological parents are separated/divorced who has legal custody?:  mother  father  joint  other: \_\_\_\_\_

How do you feel your child has adjusted to the separation/divorce? \_\_\_\_\_

Are there other adults who have significant part in raising your child?  No  Yes If yes, please specify the name and relationship (step-parent, grandparent, boy/girlfriend, etc.) \_\_\_\_\_

How many brothers and sisters does your child have and where does your child rank from oldest to youngest? \_\_\_\_\_

Who lives in the same household as the child? \_\_\_\_\_

What's the primary language spoken at home? \_\_\_\_\_

Have there been any significant changes in the home over the last few years? (such as new marriages, divorce, deaths, births, change of residence, parent job change/loss, money problems, health issues, etc.): \_\_\_\_\_

Is there any history of abuse or CPS involvement?  No  Yes, please explain: \_\_\_\_\_

Has your child ever gotten into a legal problems/arrested?  No  Yes, please explain: \_\_\_\_\_

Does your child have pending legal problems?  No  Yes, please explain: \_\_\_\_\_

How does your child relate to others at home?  friendly  withdrawn  fights with siblings  hostile  unfriendly  normal  other? \_\_\_\_\_

Does your child follow all the rules and respect others?  all the time  mostly  sometimes  not at all

List some of your child's strengths: \_\_\_\_\_

List some of your child's weaknesses: \_\_\_\_\_

Which adult would your child prefer to talk with about a problem? \_\_\_\_\_

Who is the family member your child feels closest to? \_\_\_\_\_

Who is primarily responsible for discipline in the home? \_\_\_\_\_

What is the most effective way to deal with your child's behavior problems at home? (spanking, talking, time-out, grounding, reward, etc.) \_\_\_\_\_

Does your discipline methods works?  most of the time  sometimes  rarely  make it even worse

List some of the responsibilities/chores your child has at home: \_\_\_\_\_

Does your child do these chores regularly?  Yes  Sometimes  Not at all  Need reminders

What time does your child go to bed? \_\_\_\_\_ What time does your child awaken? \_\_\_\_\_ Does your child sleep well? \_\_\_\_\_

**RECREATION:**

What kind(s) of exercise does your child get? \_\_\_\_\_

In what after school activities does your child participate? \_\_\_\_\_

Does your child play video games?  Yes  No

If so, which ones? \_\_\_\_\_

How much time does your child typically spend on entertainment?  TV \_\_\_ hrs/day;  Video games \_\_\_ hrs/day other: \_\_\_\_\_

Does your child have a television or computer in his/her room?  Yes  No

Does your child have his/her own cell phone?  Yes  No

How often does your child visit with his or her friends? \_\_\_\_\_

What do you think about your child's group of friends? \_\_\_\_\_

Any other information? \_\_\_\_\_

**EDUCATIONAL HISTORY:**

Current Grade? \_\_\_\_\_ Name of the school and school district? \_\_\_\_\_

How are his/her grades? \_\_\_\_\_

What is your child's best subject? \_\_\_\_\_ Worst subject? \_\_\_\_\_

What does your child's teacher say about your child? \_\_\_\_\_

How does your child feel about school/learning?  very motivated  neutral  has poor motivation  doesn't care

How much time does your child spends on homework each night? \_\_\_\_\_

How much of a struggle is homework?  Not a struggle  Sometimes a struggle  Often a struggle

Does your child receive special school services?  No  Yes If yes, which program(s) and when did services begin? \_\_\_\_\_

Has your child ever been held back in school?  No  Yes in \_\_\_\_\_ grade(s)

How would you describe your child's current academic performance?  Excellent  Good  Fair  Poor  Failing

How would you describe your child's current behavior in school?  Friendly  Outgoing  Shy  Loner  Awkward

Aggressive

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**TRAUMA HISTORY:**

To your knowledge, was your child ever physically, verbally, or sexually abused? \_\_\_\_\_

If so, please briefly describe: \_\_\_\_\_

Has this been reported to local authorities/CPS?  Yes  No    If no, are you willing to report it?  Yes  No (If no, counselor mandated to report).

Has your child ever experienced the loss or death of a close loved one?  Yes  No

If so, please briefly describe circumstances: \_\_\_\_\_

**SPIRITUALITY:**

Does your family belong to a particular religion or spiritual group:  Yes       No

If yes, what type of religion/spiritual group does your family prefer? \_\_\_\_\_

If yes, what is the level of your family's involvement? \_\_\_\_\_

If your family does not belong to a group, does your family have any spiritual beliefs or life philosophy that is particularly important to you?  Yes  No

Please explain: \_\_\_\_\_

**ADDITIONAL INFORMATION:**

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